

Sample program outline



ClubsNSW

The following modules illustrate the type of learning available through The Leadership Program. They are examples only. The ClubsNSW curriculum, topics and sequence are yet to be confirmed.

Module 1

Leadership Fundamentals

Explore essential leadership styles, traits, and communication strategies that build influence and trust across diverse team settings.

- Identify different leadership styles and their practical application
- Apply effective communication techniques to build engagement
- Strengthen trust within hybrid or remote teams

Module 2

Leading with Emotional Intelligence (EQ)

Understand how self-awareness and emotional intelligence enhance your leadership impact and relationships.

- Recognise emotional triggers and improve self-regulation
- Apply empathy to deepen trust and team cohesion
- Implement practical EQ strategies in everyday leadership

Module 3

Building High-Performance Teams

Understand the drivers of team culture and performance through a balance of team mechanics and dynamics.

- Analyse what makes teams thrive and succeed
- Apply the "Willing and Able" model to team development
- Use pragmatic tools to actively shape team culture

Module 4

The Habit of Achieving Goals

Reframe goal-setting as a habit to drive consistent personal and professional progress.

- Align goals with intrinsic motivation and purpose
- Balance performance and learning goals effectively
- Build disciplined routines for accountability and momentum

Module 5

Creating a Culture of Accountability

Develop leadership behaviours that foster ownership and commitment across your team.

- Understand how to build an accountability-focused culture
- Address misaligned expectations and performance gaps
- Apply frameworks that embed responsibility and follow-through

Module 6

Conflict Resolution or Transformation – You Choose

Explore conflict as an opportunity for growth and transformation through conscious leadership responses.

- Reframe conflict as a lever for leadership growth
- Recognise emotional patterns that derail resolution
- Apply tools that lead to constructive transformation

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Module 7

Communication & Strategic Influence

Build influence through storytelling, clarity, and presence in high-stakes conversations.

- / Craft compelling leadership messages
- / Connect with audiences through intentional communication
- / Strengthen influence in both formal and informal settings

Module 8

Thinking Strategically About the Future

Strengthen strategic foresight to anticipate change and align current actions to future outcomes.

- / Define strategic thinking in a volatile environment
- / Use trend signals to guide planning and leadership
- / Ask catalytic questions to shift long-term thinking

Module 9

Innovative Problem Solving

Learn to solve business challenges through human-centred design and innovation frameworks.

- / Apply design-thinking tools to complex problems
- / Strengthen creative decision-making and adaptability
- / Re-imagine project and process management for innovation

Module 10

Finance for Non-Finance Leaders

Gain confidence with financial fundamentals to align decision-making with business success.

- / Interpret core elements of a P&L statement
- / Connect financial data with strategic decisions
- / Strengthen financial literacy to influence outcomes

Module 11

Social Responsibility & Ethical Leadership

Examine leadership through a values lens to embed ethics and CSR into business practice.

- / Apply ethical frameworks to complex decisions
- / Understand the long-term value of social responsibility
- / Lead with integrity to build trust and credibility

Module 12

Resilience & Burnout Prevention

Build personal and team resilience to sustain performance and well-being.

- / Recognise early signs of burnout and fatigue
- / Practise resilience tools like mindfulness and boundary-setting
- / Balance performance demands with sustainable habits